



Sina Conrad
Chinese medicine and naturopathy

Sina Conrad – background and education



I was born and raised in Baden, Switzerland, where I attended school and received the «Matura».

Other countries and cultures caught my interest from early age, and still today I enjoy travelling to foreign places. The Buddhist and Daoist philosophies especially fascinate me: my interest includes the medicinal, philosophical as well as the spiritual and sports aspects of the same.

I completed my five-year specialist schooling at the following schools: Sake Bildungszentrum in Bern (www.sake.ch), Schule für klassische Naturheilkunde in Zurich (www.naturheilkunde.ch) and Qi Gong and Taiji-Schule in Schaffhausen (www.taijiquian-qigong.ch).

My practical training was gathered with Chinese doctors in Switzerland as well as abroad.

Health insurance will pay for my treatment according to the rules and regulations of the specific additional insurance for alternative medicine (www.emr.ch, www.visana.ch, www.egk.ch).

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